



INVITATION

FOR THE

„AVALA TRAIL RACE“

24th of February 2024

Mountaineering club „Avala“ from Belgrade is organizing „AVALA TRAIL RACE“ at Avala, mountain on the edge of Belgrade, the capital of Serbia.

Race is open for the all adults, but also for 14-18 years old youngsters, with the written permission of their parents.

Date and location: 24th of February 2024, Avala, Belgrade.

Competition centre & start & finish: Mountaineering house and restaurant „Čarapićev brest“

Distances: 5, 10 and 15 km.

Race limit: 3.5 hours.

About the race:

Start and finish are in front of Mountaineering house and restaurant „Čarapićev brest“, Avala. At the race, there will be three distances: 5 km, 10 km and 15 km.

Refreshment points for the 15 km race will be at 3 places; for the 10 km race they will be at two places and for the 5 km race they will be at one place. All races will have one more refreshment point after crossing the finish line.

At all distances, there will be control stations with electronic timing, so anyone can follow online split times via runtrace.net website.

Parking place: near the competition centre.

Reservations for the bed & breakfast in the Mountaineering house and restaurant „Čarapićev brest“ are available for the 20 euros price via office@avalaevents.rs

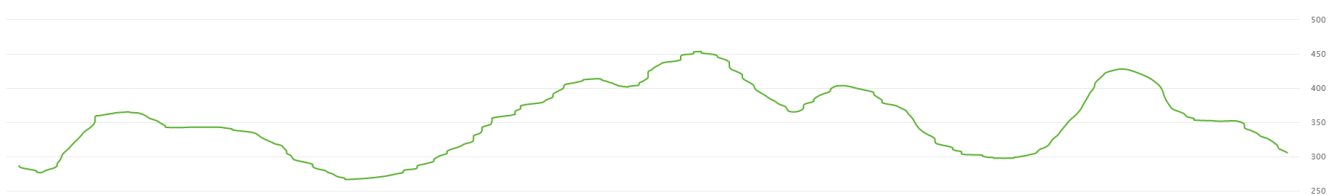
Race will be secured by GSS, Red cross and private security.

5 km race with 310m of elevation change:



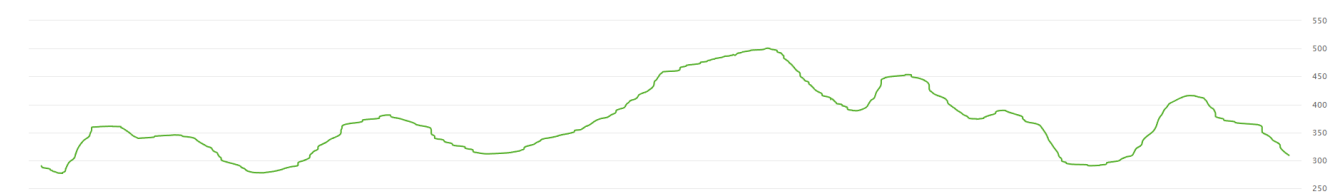
1 Elevation change for the 5 km race

10 km race with 535m of elevation change:



2 Elevation change for the 10 km race

15 km race with 710m elevation change:



3 Elevation change for the 15 km race

Program:

- 08:00 Competition centre opening
- 08:30 – 10:30 Start packages picking up at the competition centre
- 10:30 Opening ceremony and the last instructions for the race
- 11:00 – 15 km race start
- 11:10 – 10 km race start
- 11:15 – 5 km race start
- 14:30 end of the race
- 14:45 prizegiving ceremony
- 15:30 end of the sports event
 - Lunch for the all entered competitors will be organized from 13:00 – 16:00

Entry for the „AVALA TRAIL RACE“:

Entries:

- Via website: <https://runtrace.net/>

Every competitor that made the entry until the 5th of February 2024 will get the start package that is consisted of:

- Sports bag with the race logo
- Personalized start bib with timing chip
- Special ``finisher`` medal
- Electronic diploma
- Sports shirt with race motives
- Gifts from organizer and sponsors
- Lunch after the race (send us an email if you need meal without meet, ect.)

Start packages prize:

- 30 euros
- Paying: at the day of the competition, or the day before in the competition centre

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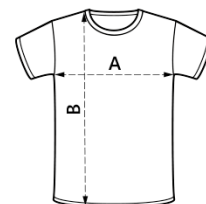
Categories:

- juniors m/w – 20 y.o. or less;
- seniors m/w – 21 to 45 y.o.;
- veterans m/w – 46+ y.o.

MEASUREMENT CHART

SIZES	S	M	L	XL	XXL
A HALF CHEST [cm]	50	52.5	55	57.5	60
B BODY LENGHT [cm]	70	72	74	76	78

* Measurements tolerance is $\pm 5\%$

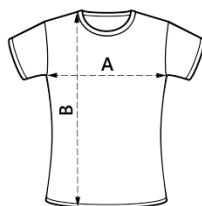


- male shirt sizes -

MEASUREMENT CHART

SIZES	S	M	L	XL	XXL
A HALF CHEST [cm]	43	45	47	50	53
B BODY LENGHT [cm]	63	64.5	66	67.5	69

* Measurements tolerance is $\pm 5\%$



- female shirt sizes -

Awards:

- seniors m/w at 15 km race:
 - 1st place – 100 euros in cash, trophy, medal and presents from sponsors
 - 2nd place – medal and presents from sponsors
 - 3rd place – medal and presents from sponsors
- juniors m/w at 15 km race:
 - 1st place – trophy, medal and presents from sponsors
 - 2nd place – medal and presents from sponsors
 - 3rd place – medal and presents from sponsors
- veterans m/w at 15 km race:
 - 1st place – trophy, medal and presents from sponsors
 - 2nd place – medal and presents from sponsors
 - 3rd place – medal and presents from sponsors
- seniors m/w at 10 km race:
 - 1st place – voucher for the 7 days of accommodation for 2 persons in Vila "Zvoncica" at Kopaonik (famous ski resort in Serbia) in April 2024, trophy, medal and presents from sponsors
 - 2nd place – medal and presents from sponsors
 - 3rd place – medal and presents from sponsors
- juniors m/w at 10 km race:
 - 1st place – trophy, medal and presents from sponsors
 - 2nd place – medal and presents from sponsors
 - 3rd place – medal and presents from sponsors
- veterans m/w at 10 km race:
 - 1st place – trophy, medal and presents from sponsors
 - 2nd place – medal and presents from sponsors
 - 3rd place – medal and presents from sponsors
- seniors m/w at 5 km race:
 - 1st place – voucher for the special lunch for 2 persons in restaurant „Čarapićev brest“ until the 1st of May 2024, trophy, medal and presents from sponsors
 - 2nd place – medal and presents from sponsors
 - 3rd place – medal and presents from sponsors
- juniors m/w at 5 km race:
 - 1st place – trophy, medal and presents from sponsors
 - 2nd place – medal and presents from sponsors
 - 3rd place – medal and presents from sponsors
- veterans m/w at 5 km race:
 - 1st place – trophy, medal and presents from sponsors
 - 2nd place – medal and presents from sponsors
 - 3rd place – medal and presents from sponsors

Notes:

- It is not possible to change the data for the personalized start bibs after the 5th of February 2024
- All competitors run at their own risk and they should be physically and mentally prepared for the race.
- All competitors must be 10 minutes before the start at the start line, ready for the start and with the start bib that must not be covered.
- It is not allowed to participate at the race without the start bib.
- Recommended running equipment: shoes with metal or rubber spikes, dry fit equipment for the race day temperature.
- RunTrace system with the organizers will check automatically the runners at the control stations.
- If you can't see marking tapes longer than 100-200 meters, go back as soon as possible at the last one you saw.
- Competitor must tell organizers at the finish if he/she gave up somewhere during the race.
- In case of emergency, you should tell the organizers/volunteers at the field about your problem or call SOS number: +381 64 259 30 10.
- Competitor will be disqualified if he/she cut the race at any place or does not wear the start bib at their chests.
- Organizer has right to use all the photo & video material made during the sport event for the marketing use. The same right have media partners too.
- Entering the „Avala trail race“ every participant personally accepting:
 - That has learned about and understood the Race invitation document (document available at the website of the sports event, website of the club organizer and RunTrace timing system website);
 - All the rules written in the Invitation document;
 - I declare:
 - that I am aware of my eventually health problems that could happen during the sports event and that can happen because of my fault & carelessness;
 - After the registration for the race and after picking up the start package I will not dispute any rule of the Race.
- Organizer will not check doctor permissions for participating at the sport events, but one it is needed not older than 6 months, by the sport law.
- Bring with yourself the health & tourist insurance.

Organizing board:

- Sava Lazić – director of the race
- Siniša Savić – technical direktor of the race
- Slobodan Gočmanac – member of the organizing board
- Nikola Spasković – member of the organizing board
- Milan Gočmanac – member of the organizing board
- Gordana Šobotić – member of the organizing board



Contact:

- Phone/Viber/WA: +381 64 2593010, Sava Lazić
- E-mail: office@avalaevents.rs
- Facebook page: <https://www.facebook.com/avala.trail>
- Instagram page: <https://www.instagram.com/avala.trail/>
- Sports event website: <https://avalaevents.rs/>
- Website of the PD „Avala“ (club organizer): <https://www.avala.club/>